

**This project is co-financed by the European Refugee Fund**

## **Oliva's Paediatric Sanatorium in Říčany near Prague**

**offer for applicants for bestowment of international protection temporarily placed in asylum facilities**

**relaxation and curative stays for children on their own or accompanied by a family member**

*Free stays for interested parties*

*All stays within the framework of this project are co-financed by the European Union, specifically by the European Refugee Fund. Stays are designated for children from the age of 1 year to 18 years on their own, or with the company of a family member.*

*Length of the stay*

*We offer two-week curative, relaxation and reconditioning stays in Spring and Autumn:*

- *March*
- *April*
- *October*

*Beautiful surroundings*

*The paediatric sanatorium can be found in Říčany in entirely exceptional climactic and natural conditions in a healthy strip of forest. For this reason it has been sought out for dozens of years primarily by small patients with respiratory, allergic and skin difficulties. Surrounding the sanatorium is an extensive forest park, which guarantees the children rest not disturbed by anything.*

*Hotel-type rooms*

*The spaces of the sanatorium have undergone extensive modernisation. We currently offer accommodation in two to four bed functionally equipped rooms, mostly with separate social facilities. There is also the possibility of barrier-free access here.*

*Catering*

*We provide regular catering three times daily along with a morning and afternoon snack. Besides the usual Czech diet, we also compile special diets should they be necessary for the children due to health or other reasons.*

*Expert care*

*A team of experienced paediatricians, rehabilitation workers and sisters attend to the clients. The curative stay includes a series of procedures which lead to the strengthening of the health state of the children. This, for example, involves inhalation, sauna, conditioning or special rehabilitation exercises. The aid of an interpreter in solving any difficult situation is a standard.*

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### *Education*

*The children will attend an elementary school situated within the sanatorium. Due the small number of children in individual classes, there is an advantage here in the individual approach of experienced pedagogues and continuity with the child's regular school. In this case the integration of a child from another cultural environment into a Czech collective is beneficial. A nursery school can also be found within the sanatorium.*

### *Leisure time activities.*

*The department of stay therapy, which cooperates closely with the team of doctors and health personnel, organises leisure time. It prepares an eventful programme consisting of games, chats, concerts and also of excursions into the nearby and further environment. We have equipped playrooms at our disposal on the grounds.*

### *Contact with Czech mentality*

*Children from asylum facilities spend time here together with other children who will be on curative stays during these dates. This way they will get the possibility of getting further acquainted with the environment of Czech customs, mentality, food and language. Their stay together will become an important and beneficial experience for the future and will prove helpful for their personal and health development.*

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### *Essential advantages of the stay:*

- *stay for the children and escort covered by the EUF*
- *help of an interpreter is arranged*
- *whole-day supervision by expert personnel*
- *possibility of treating acute illness on the spot*
- *integration into the Czech collective*
- *perfecting of Czech language abilities*
- *peaceful and beautiful environment suitable for relaxation*

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### *Contacts:*

*Oliva's Paediatric Sanatorium, g.b.c.  
Address: Olivova 224, 251 01 Říčany  
Director of the Nursing Institution: Věra Jechová, M.Sc.  
E-mail: [reditel@olivovna.cz](mailto:reditel@olivovna.cz), [sekretariat@olivovna.cz](mailto:sekretariat@olivovna.cz)  
Telephone: +420 323 619 188, +420 323 619 102  
Web pages: [www.olivovna.cz](http://www.olivovna.cz)*